

PRACTICAL RESOURCE

Educator's Toolkit

A SON'S RECKONING

Teaching Reckoning, Repair, and Emotional Literacy



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Research-informed companion resource

Section 1: Introduction

A Son's Reckoning invites students into a space of emotional truth, philosophical inquiry, and communal healing. This toolkit equips educators with trauma-informed, culturally responsive resources to guide students through themes of identity, grief, lineage, and emotional survival.

Section 2: Lesson Plans by Age Group

High School

- Identity Mapping
- Journaling Prompts
- Group Dialogue
- Creative Response

College / Graduate

- Critical Analysis
- Comparative Readings
- Philosophical Inquiry
- Creative Writing

Section 3: Discussion Themes

- Identity and fragmentation
- Lineage and intergenerational trauma
- Silence, grief, and emotional literacy
- Forgiveness, repair, and relational accountability
- Masculinity, vulnerability, and emotional survival
- The role of beauty and ceremony in healing

Section 4: Writing Prompts

- “Describe a moment when silence protected you and when it harmed you.”
- “What does repair look like in your lineage?”
- “Write a dialogue between your present self and your younger self.”
- “What does emotional safety feel like and where have you lacked it?”

Section 5: Multimedia Pairings

Music

- Solange - Cranes in the Sky
- Samora Pinderhughes - The Healing Project
- Marvin Gaye - What's Going On

Poetry

- Lucille Clifton - won't you celebrate with me
- Jericho Brown - Duplex
- Warsan Shire - Home

Visual Art

- Kara Walker - silhouettes and historical memory
- Bisa Butler - quilted portraits of Black resilience
- Kehinde Wiley - reimagining power and presence

Section 6: Classroom Rituals

- Opening Breath
- Altar Creation
- Affirmation Cards
- Reflection Circle